

CURRICULUM VITAE

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EDUCATION

Psy. D. Graduate School of Applied and Professional Psychology, Rutgers University, School Psychology. Specializations in Clinical Child Adolescent Family and Pediatric Psychology and Multicultural Psychology, 2021.

Psy. M. Graduate School of Applied and Professional Psychology, Rutgers University School Psychology, 2020.

M.A., Ed. S. Montclair State University, School Psychology, 2013

M.A. Montclair State University, Clinical Child and Adolescent Psychology, 2006

B.A. University of Toronto, Canada, Psychology, 1998

PROFESSIONAL CREDENTIALS

NJ Temporary Permit #213-073

NJ Certified School Psychologist

EXPERIENCE

October 2021- Present

Post-Doctoral Clinician, *Somerset Psychological Group, P.A., Somerville, NJ*. Outpatient, individual and family psychotherapy provided for a variety of presenting issues in a private group practice setting.

August 2021-Present

Supervising Clinician, *The Haven, A School Based Mental Health Clinic, Piscataway, NJ*. Clinical supervision provided to doctoral and master's level externs in Clinical and school psychology doctoral programs and social work programs at Rutgers University.

August 2021-Present

Post-Doctoral Clinician, *The Haven, A School Based Mental Health Clinic, Piscataway, NJ*. Individual, group and family Psychotherapy provided to the Piscataway school district students and their families for a variety of presenting concerns.

September 2018-July 2021

Pre-Doctoral Intern/ Clinician, *The Haven, A School Based Mental Health Clinic, Piscataway, NJ*. Individual, group and family psychotherapy provided to the Piscataway school district students and their families for a variety of presenting concerns. Developed outreach programming/measures for the school and community during the Covid-19 pandemic. Conducted and presented workshops for students, faculty/teachers, parents, and community members on topics relevant to mental health during the pandemic.

September 2019-June 2020

School Psychologist, *Bridgewater Raritan Regional School District, NJ*. School Psychologist on the Child Study Team with a case load of over 50 Students, Individual and group counseling services provided, member of the I&RS committee, created IEPs and held meetings with parents, administrators and staff on a regular basis, engaged in frequent consultation and collaboration with staff members and other professionals for the district, provided intensive case management, report writing, treatment planning, and implementation, crisis intervention provided, conducted comprehensive psychological assessments of emotional, cognitive, neurological, and achievement/academic functioning of children and adolescents, provided teacher consultation, class-wide intervention strategies and individual intervention strategies, provided students with effective learning strategies to boost academic performance in the classrooms, attended several professional workshops and conferences and seminars to enhance experience, involved in research and implementation of evidence-based interventions to maximize achievement in schools, provided teacher training seminars/lecture on in-service occasions.

September 2017-August 2019

Student Clinician, *Psychological Services Clinic, Rutgers University, NJ*. Individual Therapy for Children, Adolescents, Adults, and family therapy provided, parent management skills training provided, consultation with school, CST and behaviorist on behavior intervention plans, conducted comprehensive psychological assessments.

September 2018-July 2019

Social Emotional Learning (SEL) Facilitator, *New Brunswick School District, NJ*. Conducted structured behavioral observations, teacher consultation on SEL related topics provided, taught SEL curriculum-based lessons in classrooms, conducted SEL groups within New Brunswick school, presented on SEL related topics during school assemblies.

September 2014-June 2017

District School Psychologist, Dunellen School District, NJ. School Psychologist on the Child Study Team with a case load of over 80 Students, Individual and group counseling services provided, member of the I&RS committee, created IEPs and held meetings with parents, administrators and staff on a regular basis, engaged in frequent consultation and collaboration with staff members and other professionals for the district, provided intensive case management, report writing, treatment planning, and implementation, crisis intervention and Suicide/Risk assessments provided, conducted functional behavioral assessments followed by behavior intervention plans, conducted comprehensive psychological assessments of emotional, cognitive, neurological, and achievement/academic functioning of children and adolescents, provided teacher consultation, class-wide intervention strategies and individual intervention strategies, provided students with effective learning strategies to boost academic performance in the classrooms, attended several professional workshops and conferences and seminars to enhance experience, involved in research and creation of evidence-based interventions to maximize achievement in schools, provided teacher training seminars/lecture on in-service occasions, presented at parent workshops on Special Education related topics.

March 2014- June 2014

School Psychologist, Princeton Public Schools, NJ. Conducted comprehensive psychological assessments of emotional, cognitive, neurological, and achievement/academic functioning of children and adolescents both within and out of district locations, conducted behavioral observations, functional behavioral assessments, member of the I&RS committee and conducted IEP meetings, provided teacher consultation followed by class-wide intervention strategies and individual intervention strategies and collaborated with other administrative staff and professionals, provided case management, report writing, crisis intervention, treatment planning and implementation, provided individual counseling.

April 2012 – March 2014

Clinician, Youth Development Clinic, Newark, New Jersey. Provided individualized treatment and support services to students identified as “at risk” within the school system, provided group therapy focused on social skills training, effective communication, self-advocacy, and emotion regulation skills, provided intellectual, emotional, and behavioral assessments of students, provided consultation and collaboration with teachers and other professionals.

September 2012- June 2013

School Psychology Intern, Montgomery Township School District, NJ. Conducted comprehensive psychological assessments utilizing various assessment measures both within and at out-of-district locations, conducted behavioral observations, functional behavioral assessments followed by behavioral intervention plans, teacher consultation and collaboration was provided, conducted IEP meetings followed by collaboration with administrative and other staff members, involved in case management, report writing, crisis intervention, treatment planning and implementation, facilitated a group on social skills training with severely disabled students, provided individual counseling students weekly, teacher consultation with class wide intervention and strategies was provided, provided students with effective learning strategies to

boost academic performance in the classrooms, attended several professional workshops and conferences and seminars to enhance experience, involved in research and implementation of evidence-based interventions to maximize achievement in schools.

September 2011-June 2012

Graduate Extern, *Assessment Center, Montclair State University, NJ*. Consultation and collaboration with team members, teachers, parents, Conducted comprehensive assessments utilizing various cognitive and projective measures, data collection and analysis followed by report writing, dissemination of results followed by recommendations to parents and teachers in order to maximize academic achievement and benefit.

September 2011 – June 2012

Graduate Extern, *Northeast Elementary School, Montclair, NJ*. Conducted behavioral observations, created class-wide and individual Positive Behavioral Support plans and behavior intervention plans, involved in research and implementation of evidence-based interventions to maximize achievement in schools, actively involved in anti-bullying campaign, involved in RESPECT campaign involving students, teachers, and the community, created and co-facilitated a group focused on executive functioning in elementary school children, created a newsletter every week to ensure parent participation.

Sept 2008- 2009

Student Extern, *Hillsborough High School, NJ*. Conducted behavioral observations, conducted comprehensive psychological assessments, individual counseling and group therapy provided.

September 2007- 2009

Student Clinician, *McShane Center for Psychological Services, NY*. Conducted comprehensive intake assessments and provided individual therapy to a primarily adult population.

November 2006-May 2007

Case Manager, *Tri-County Care Management Organization, NJ*. Provided individualized treatment and support services to children in their homes and communities.

September 2005- June 2006

Clinician, *Center for Evaluation and Counseling, Newton, NJ*. Conducted comprehensive intake assessments, provided individual, group and family therapy for children, adolescents and adults, conducted coping skills and emotion regulation groups, conducted comprehensive forensic assessments utilizing various assessment measures, collaborated with DYFS and Child Protection and Permanency Services and provided interventions and therapeutic services to children, adolescents and adults on cases involving trauma, child abuse, neglect and substance abuse, worked extensively on case management, report writing, crisis intervention, treatment planning and implementation.

February 1999-July 2000

Mental Health Counselor, *St. Anne's Los Angeles, CA*. Residential counselor for pregnant adolescents, served as a Mentor and Crisis Counselor, involved in team treatment planning, crisis intervention, worked on issues related to physical abuse, sexual abuse, substance abuse, and a variety of mental health issues.

TEACHING EXPERIENCE

September 2018-July 2019

Social Emotional Learning (SEL) Facilitator, *New Brunswick School District, NJ*. Taught SEL curriculum-based lessons in classrooms, Presented on SEL related topics during school assemblies.

September 2014-June 2017

District School Psychologist, *Dunellen School District, NJ*. Provided teacher training seminars/lecture on in-service occasions, presented at parent workshops on Special Education related topics.

December 2006- 2015

Adjunct Associate Professor, *Department of Psychology, Raritan Valley Community College, Somerset, New Jersey*. Taught various undergraduate courses in Psychology.

September 2006- 2013

Adjunct Professor, *Department of Psychology, Montclair State University, NJ*. Taught various undergraduate and graduate level courses in Psychology.

September 2004- 2005

Substitute Teacher, *Midland School, Branchburg, NJ*. Certified to teach grades K-12, worked with population diagnosed with Autism, implemented and taught specific skills.

August 1999-June 2000

Teacher, *Adult Literacy Program of Los Angeles County, Los Angeles, CA*. Mentor, Literacy Program of Los Angeles County Los Angeles, CA.

PRESENTATIONS

Shahidullah, J. D., Forman, S. G., Norton A.M., Harris, J. F., Palejwala, M. H., & Chaudhuri, A. (2019). Implementation of Developmental Screening by Childcare Providers. *Infants & Young Children*, 00, 1-14. Presentation at The Integrated Care Conference by the Collaborative Family Healthcare Association (CHFA), Philadelphia, PA, October 2020.

PUBLICATIONS

- Shahidullah, J. D., Forman, S. G., Palejwala M. H., Chaudhuri, A., Pincus, L. E., Lee, E., Shafir, R., Barone, C. (2019). National survey of chief pediatric residents' attitudes, practices, and training in collaborating with schools. *Journal of Interprofessional Education and Practice, 15*, 82-87.
- Shahidullah, J. D., Forman, S. G., Norton A.M., Harris, J. F., Palejwala, M. H., & Chaudhuri, A. (2019). Implementation of Developmental Screening by Childcare Providers. *Infants & Young Children, 00*, 1-14.
- Forman, S. G., Chaudhuri, A., & Barone, C. (2018). Interprofessional Collaboration. In S. G. Forman, & J. D. Shahidullah (Eds.). *Handbook of Pediatric Behavioral Healthcare: An Interdisciplinary Collaborative Approach* (1st ed., pp 31- 43), Springer International Publishing: Springer nature Switzerland AG

RESEARCH

September 2019- April 2021

Graduate Student Research, *Graduate School of Applied and Professional Psychology, New Brunswick NJ*. The Need for mental health resources in schools; A survey of needs conducted with school principals.

September 2017- May 2019

Graduate Research Assistant, *Graduate School of Applied and Professional Psychology, New Brunswick NJ*. Conducted research, data collection and literature reviews on interdisciplinary collaboration between pediatricians and schools and assisted in writing a book chapter and research publication, additional research on implementation of developmental screening by childcare providers. Conducted research, data collection, coding of data followed by analysis, publication and presentation.

September 2005- May 2006

Graduate Research Assistant, *Department of Psychology, Montclair State University, NJ*. Data coder and research on psychometrics and the creation and use of scales in the use of data collection.

September 2004 – May 2005

Graduate Research Assistant, *Department of Psychology, Montclair State University, NJ*. Actively involved in managing a laboratory, recruiting participants, conducting experiments and gathering data in the field of computational psycholinguistics. Additional research on post traumatic growth in the aftermath of the events of September, 11, 2001.

September 1997-May 1998

Laboratory Assistant, *Brain and Behavior Program, Department of Neurology, University of Toronto, Canada*.

PROFESSIONAL AFFILIATIONS

National Association of School Psychologists (NASP)