

CURRICULUM VITAE

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EDUCATION

- Psy.D. Graduate School of Applied and Professional Psychology, Rutgers University
Clinical Psychology, 2015
- Psy.M. Graduate School of Applied and Professional Psychology, Rutgers University
Clinical Psychology, 2013
- B.A. Rider University, Summa Cum Laude with Honors in Psychology, 2010

PROFESSIONAL CREDENTIALS

New Jersey Licensed Psychologist (#5972)

EXPERIENCE

May 2017—present

Psychologist. *The Cystic Fibrosis Center at RWJMS-BBMSCH at Robert Wood Johnson University Hospital, New Brunswick, NJ.* Individual psychotherapy and support for both pediatric and adult patients diagnosed with cystic fibrosis and their families. Additional support to mental health coordinator to ensure patients' psychosocial needs are met.

October 2015—present

Psychologist. *Somerset Psychological Group, P.A., Somerville, NJ.* Outpatient individual and group psychotherapy with children, adolescents and their families, as well as adults at a group private practice. Psychological evaluations with children, adolescents, and adults.

July 2014—June 2015

Pre-doctoral Psychology Intern. *Rutgers University Biomedical Health Science, University Behavioral Health Care, Newark, NJ. (APA Accredited Internship)*
Specialized in providing psychotherapeutic services to children, adolescents, and families in outpatient, intensive outpatient, partial hospitalization, and correctional settings. Conducted comprehensive psychological assessments of emotional, cognitive, neurological, and achievement/academic functioning of children, adolescents, and adults. Provided bed-side and crisis assessments, and brief psychological interventions to patients admitted to the hospital or crisis.

June 2013—June 2014

Extern Clinician. *Metropolitan Regional Diagnostic and Treatment Center at Newark Beth-Israel Medical Center, Newark, NJ.* Provided individual, conjoint family, and group game-based cognitive-behavioral (GB-CBT) therapy to children who experienced sexual abuse. Co-facilitated parenting cognitive-behavioral group therapy for caregivers of children who were sexually abused. Conducted comprehensive assessments of psychological, social, and emotional effects of abuse and trauma, including physical and sexual abuse and neglect. Worked closely with New Jersey's Division of Child Protection and Permanency (DCP&P).

August 2012—July 2013

Extern Clinician. *Program for Addictions Consultation and Treatment, Piscataway, NJ.* Conducted comprehensive assessments of drinking, drug use, and other psychological problems. Provided individual cognitive behavioral therapy for adults and adolescents with substance use disorders and other addictive behaviors in an outpatient setting.

March 2012—June 2012

Volunteer Clinician. *The Great Expectations Program, Central Jersey Community Development Corporation, Franklin, NJ.* Co-facilitated weekly groups for at-risk adolescents regarding their behavior at home, in school, and in the community.

September 2010—June 2012

Extern Clinician. *Rutgers Somerset Counseling Project, Franklin, NJ.* Co-facilitated psychotherapy groups for at-risk (e.g., teen pregnancy, juvenile justice involvement, gang involvement, academic failure) middle school students. Provided individual therapy for group members, as well as additional students referred by the school's guidance department. Received extensive training in conflict resolution and motivational interviewing.

September 2010—June 2014

Student Clinician. *The Psychological Clinic at GSAPP, Piscataway, NJ.* Provided individual and family treatment from cognitive-behavioral, psychodynamic, and integrative perspectives.

PRESENTATIONS

Aizaga, K. & Morales, A. (April 2017). Diversity Seminar: Socioeconomic Status & Class. Interactive, psychoeducational two-session seminar delivered to Rutgers University Behavioral Health Care's psychology interns in Newark, New Jersey.

Morales, A. & Young, A (February 2017). Understanding Trauma in Children. Provided school staff with information on trauma, including: symptoms and reactions; its impact academically, emotionally, and socially; and ways to intervene and support students across contexts (individual, family, classroom, school, etc.). Somerville High School, Somerville, NJ.

Morales, A. (February 2017). Chill out! Managing Stress & Anxiety. Provided students and their caregivers with information on managing stress and anxiety, and incorporating self-care into their everyday lives. Somerville Middle School, Somerville, NJ.

Morales, A. (2016, April). Managing Test Anxiety. Interactive, psychoeducational presentation delivered to sixth, seventh, and eighth grade students in Somerville, New Jersey.

Shivers, S.; Morales, A., & McMahon, A. (2016, January). Diversity Seminar: Stigma. Interactive, psychoeducational two-session seminar delivered to Rutgers University Behavioral Health Care's psychology interns in Newark, New Jersey.

Morales, A. (2015, April). Helping Others, Helping Yourself: The Importance of Self-care for Helping Professionals. Interactive, psychoeducational training delivered to volunteers and staff of the New Community Corporation (NCC) in Newark, NJ.

Morales, A. (2014, September). Incarceration within Families: Effects on Youth and Clinical Implications. Psychoeducational presentation for multidisciplinary staff of the Child and Adolescent Unit of Rutgers University Behavioral Health Care (UBHC) in Newark, NJ.

RESEARCH

September 2012—September 2015

A Population in the Dark: An Exploratory Study of the Effects of Familial Incarceration on Youth. Doctoral Dissertation. Qualitative study exploring the impact of familial incarceration on children and adolescents with a focus on familial, social, and academic experiences, resiliencies (i.e., protective factors) and coping mechanisms.

June 2013—June 2014

Research Assistant, The Regional Diagnostic and Treatment Center at Newark Beth-Israel Medical Center, Newark, NJ. Provided assistance on a study examining the efficacy of individual game based cognitive-behavioral therapy (GB-CBT) by administering measures to participants (children and their caregivers) pre and post treatment and providing individual GB-CBT to children, adolescents, and their caregivers. Supervisors: Craig Springer, Ph.D., Justin Misurell, Ph.D.

PROFESSIONAL AFFILIATIONS

New Jersey Psychological Association (NJPA)
Association for Contextual Behavioral Science (ACBS)