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EDUCATION

MASSACHUSETTS SCHOOL OF PROFESSIONAL PSYCHOLOGY
Doctorate of Psychology, APA-accredited program in Clinical Psychology
▪ Clinical Forensic Psychology Concentration
BOSTON, MA
August 2014

MASSACHUSETTS SCHOOL OF PROFESSIONAL PSYCHOLOGY
Master's Degree in Professional Psychology
BOSTON, MA
May 2011

GOUCHER COLLEGE
Bachelor of Arts in Psychology and Sociology
BALTIMORE, MD
May 2009

PROFESSIONAL CREDENTIALS

NEW JERSEY PSYCHOLOGY LICENSE #5909

CLINICAL EXPERIENCE

SOMERSET PSYCHOLOGICAL GROUP
Outpatient Clinician
Duties and Responsibilities
▪ Outpatient psychotherapy with adults with a variety of presenting concerns at a group private practice.
▪ Documentation and treatment planning for outpatient clientele.
SOMERVILLE, NJ
June 2018- Present

NJ DOH SPECIAL TREATMENT UNIT
Clinical Psychologist I
Duties and Responsibilities
▪ Deliver cognitive-behavioral treatment, psycho-education and other treatment to individuals and groups as assigned, in accordance with established performance standards. Document service delivery and resident progress on a daily or weekly basis, completed in accordance with established standards and time frames.
RAHWAY, NJ
July 2017 – Present

IDHS TREATMENT AND DETENTION FACILITY
Clinical Therapist
Duties and Responsibilities
▪ Deliver cognitive-behavioral treatment, psycho-education and other treatment to individuals and groups as assigned, in accordance with established performance standards. Document service delivery and resident progress on a weekly basis, completed in accordance with established standards and time frames.
▪ Serve as primary therapist to assigned residents, with frequency and amount of direct contact with residents consistent with established performance standards. Primary therapy duties include: (a) reviewing and integrating assessment information to write and monitor individualized treatment plans; (b) coordinating referral of residents to
RUSHVILLE, IL
September 2015- June 2017

appropriate treatment groups and activities; (c) referring clients to psychiatric services and encouraging residents to seek medical services or other specialized care as needed; (d) meeting with assigned residents as needed to monitor and review ongoing treatment or other needs; (e) reviewing and revising, as needed, resident individualized treatment plans using established format standards and time frames; (f) evaluating clinical appropriateness of property and visitation requests; (g) documenting all individual resident contacts using established formats within established time frames; and (h) other duties related to primary care of assigned residents as directed.

IDHS TREATMENT AND DETENTION FACILITY

RUSHVILLE, IL

Post-Doctoral Fellow

September 2014- August 2015

- Deliver cognitive-behavioral treatment, psycho-education and other treatment to individuals and groups as assigned, in accordance with established performance standards. Document service delivery and resident progress on a weekly basis, completed in accordance with established standards and time frames.
- Administer tests and assessments within scope of licensure, certification and training, as assigned. Write Entry to Treatment Evaluations on assigned assessment cases.
- Serve as primary therapist to assigned residents, with frequency and amount of direct contact with residents consistent with established performance standards. Primary therapy duties include: (a) reviewing and integrating assessment information to write and monitor individualized treatment plans; (b) coordinating referral of residents to appropriate treatment groups and activities; (c) referring clients to psychiatric services and encourage residents to seek medical services or other specialized care as needed; (d) meeting weekly with assigned residents to monitor and review ongoing treatment or other needs; (e) reviewing and revising, as needed, resident individualized treatment plans using established format on a quarterly basis; (f) evaluating clinical appropriateness of property and visitation requests; (g) documenting all individual resident contacts using established formats within established time frames; and (h) other duties related to primary care of assigned residents as directed.
- APPIC-approved post-doctoral fellowship

HEARTLAND BEHAVIORAL HEALTHCARE (OHIO PSYCHOLOGY INTERNSHIP)

MASSILLON, OH

Psychology Intern

August 2013 – July 2014

- Served as psychological designee for several committed patients, as well as carrying a caseload of emergency admissions.
- Conducted individual competency restoration sessions with a caseload court-ordered patients
- Administered, interpreted, and wrote comprehensive psychological testing reports on cognitive, personality, malingering, and neuropsychology assessments
- Co-led DBT, Dual Recovery Anonymous, Persuasion, Women's Forensic Issues, and Competency Restoration groups.
- Participated in Ohio Psychological Internship (OPI) sponsored training including Couples Counseling, Assessment of Psychosis, Supervision, and Motivational Interviewing.
- Conducted interviews, completed HCR-20 Risk Assessments, including Level and Conditional Release Plans, as part of the ODMH Risk Assessment process.
- Member of OPI's Diversity Committee
- APA-approved Internship

BRIDGEWATER STATE HOSPITAL

BRIDGEWATER, MA

Psychological Trainee (1000 hours completed)

August 2012 – June 2013

- Served as the case manager for four committed patients, as well as carrying an individual therapy caseload.
- Wrote clinical evaluations to determine patients' status of commitment and placement
- Assisted in forensic clinical evaluation and report writing, including Competency to Stand Trial, Aid in Sentencing, and Criminal Responsibility
- Presented information regarding patients at clinical review meetings, assisting in DOC decisions regarding placement in other facilities and privilege levels at BSH.
- Co-led Paranoia, Violence Prevention: Specialized, and Competency Restoration groups
- Administered, interpreted, and wrote comprehensive reports on cognitive, personality, projective, malingering, and neuropsychology assessments
- Participated in Bridgewater State Hospital sponsored trainings including Forensic Assessment, Forensic Seminar, and a General Didactic

WHITNEY ACADEMY

EAST FREETOWN, MA

Psychological Trainee (1000 hours completed)

September 2011 – June 2012

- Whitney Academy is a Department of Education-funded residential program for Adolescents (aged 11 to 22) who exhibit problematic sexual behavior and have been diagnosed with a developmental delay or disability.
- Served as the clinician for six to eight clients; worked to help them reach their individual goals
- Co-led tri-weekly groups focusing on: Daily Processing, Body Regulation, Problem Solving, and Relaxation
- Participated in Psychological Assessments, which included the utilization of such tests as WAIS-IV, WISC-IV, Millon Adolescent Clinical Inventory (MACI), Wisconsin Card Sort, and others

COMMUNITY COUNSELING OF BRISTOL COUNTY

TAUNTON, MA

Advanced Practicum Trainee (800 hours completed)

September 2010 – June 2011

- Community Counseling of Bristol County (CCBC) is a multi-programmed mental health agency that serves the greater Taunton and Attleboro areas.
- Participated in the In-Home Therapy (IHT) program, which offers home-based family services based on the Children Behavioral Health Initiative (CBHI). Carried a caseload of six to eight families, where the identified client's age ranged from toddler to adult. Performed weekly/bi-weekly family and individual meetings to address identified goals.
- Served as an outpatient clinician for three to five clients. Outpatient clients were often seeking treatment for Substance Abuse.
- Developed individual treatment plans and interventions for each family and client, which often included behavior modification techniques, stress management, and family relationship development.

THE PSYCHOLOGICAL CENTER

LAWRENCE, MA

Practicum Trainee (640 hours completed)

September 2009 – June 2010

- The Psychological Center is a multi-faceted mental health agency that serves the greater Lawrence, M.A. area.
- Participated in the Day One Treatment Program, which provided daily psychological services for chronically mentally ill adults. Led the clients in group therapy session, which focused on topics such as psychoeducation, Activities of Daily Life (ADLs), and anger management. Duties included taking the Day One clients out in the community and designing group activities.
- Served as an outpatient counselor for four to five clients who had a variety of psychological diagnoses

RESEARCH PROJECTS

MSPP DOCTORAL PROJECT: "Stopping the Pipeline: A treatment intervention manual for juveniles with incarcerated parents"

- Demonstration project in which areas of risk and resiliency for children with incarcerated parents were utilized to create a formalized treatment manual. The intervention was reviewed by a focus group of professionals, and edits were made based on reviewer suggestions.

TRAININGS AND CERTIFICATIONS

- PSYCHOPATHY CHECKLIST-REVISED (PCL-R) TRAINING WORKSHOP
- Trainers: Ron Knight, Ph.D., David Thornton, Ph.D., and Sharon Kelley, Psy.D.

April 2013

PROFESSIONAL MEMBERSHIPS

- AMERICAN PSYCHOLOGICAL ASSOCIATION (APA)
- ASSOCIATION FOR THE TREATMENT OF SEXUAL ABUSERS (ATSA)
- NEW JERSEY ASSOCIATION FOR THE TREATMENT OF SEXUAL ABUSERS (NJATSA)